10-17-94

Holiday Season

Christmas is here

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Valley vs. Bakersfield

Photo Gallery

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Newspapers...

For the blind

See Page 3

Valley Star

Volume 47, Issue No 23 | Los Angeles Valley College | Van Nuys, California | November 17, 1994

Student Survival Guide

Career Center:
Important information for the Spring 1995 semester will be in the mail. To receive registration materials, the Administration office must have your correct address on file. If you have moved since Jan.1, contact the Administration office and fill out a change of address form.

Instant appointments are now being offered with the counseling department Monday through Thursday from 9 a.m.

A CSUN Representative will be in the Transfer Center from 10 a.m. to 1 p.m. by appointment on Nov. 21.

A lecture titled *A "Major" Decision: Using Your Major To Find A Career*, will be held in Campus Center 214 on Nov. 30 from 1 to 2:30 p.m. Sign-up at the Counseling Department Counter in the Administration Building. For more information contact Career/Transfer Center Director Barbara Goldberg at ext. 246.

The Tuesday Workshop Series presents a lecture titled *What It Takes To Go To UC*, given by Dr. Michael Gold from noon to 1 p.m. in Foreign Language 102.

Algebra Competency Testing will be held Nov. 21, at 8 p.m. and Nov. 22 at 3 p.m. in Behavioral Science 101. No appointment is necessary and the test takes one hour.

Amnesty Office:
Valley now offers citizenship services. For more information contact the Amnesty Office at ext. 320.

ASU:
Associated Student Union elections will be held on Nov. 21 in Monarch Square, all day.

MEChA presents a 10 part series entitled *The Americas*. On Nov. 21, they will be showing the *Mirrors of the Heart: Race and Identity (Bolivia, Haiti, the Dominican Republic)* from noon to 1 p.m. in Foreign Language 111.

Tau Alpha Epsilon (TAE) is sponsoring a Cafeteria decorating project in which all Valley students are invited to submit their artwork to be permanently displayed in the Cafeteria. The artwork must be submitted to the Dean of Student Affairs office by Dec. 1.

The Earth Science Department presents a lecture titled, *Exploring Mexico: Baja to Yucatan*, given by Professor George Stuart on Nov. 22, at noon in Math-Science 113.

Valley President kicks off Women's Career Conference

By LAURA RENOLDS
Valley Star Staff Writer

Tyree Weider, Valley's acting college president, kicked off the Fifth Annual Daily News Women's Career Conference, Nov. 5, at the Universal Sheraton. The conference was set up to touch on key issues of everyday life.

Weider is presently working toward her doctorate at the University of California at Los Angeles on higher education administration. Some of her goals include reinstating programs such as music and theater. Wieder said, "The conference was a success due to the vast number of people who came from as far as Sacramento and San Diego and networking is the key to the conference."

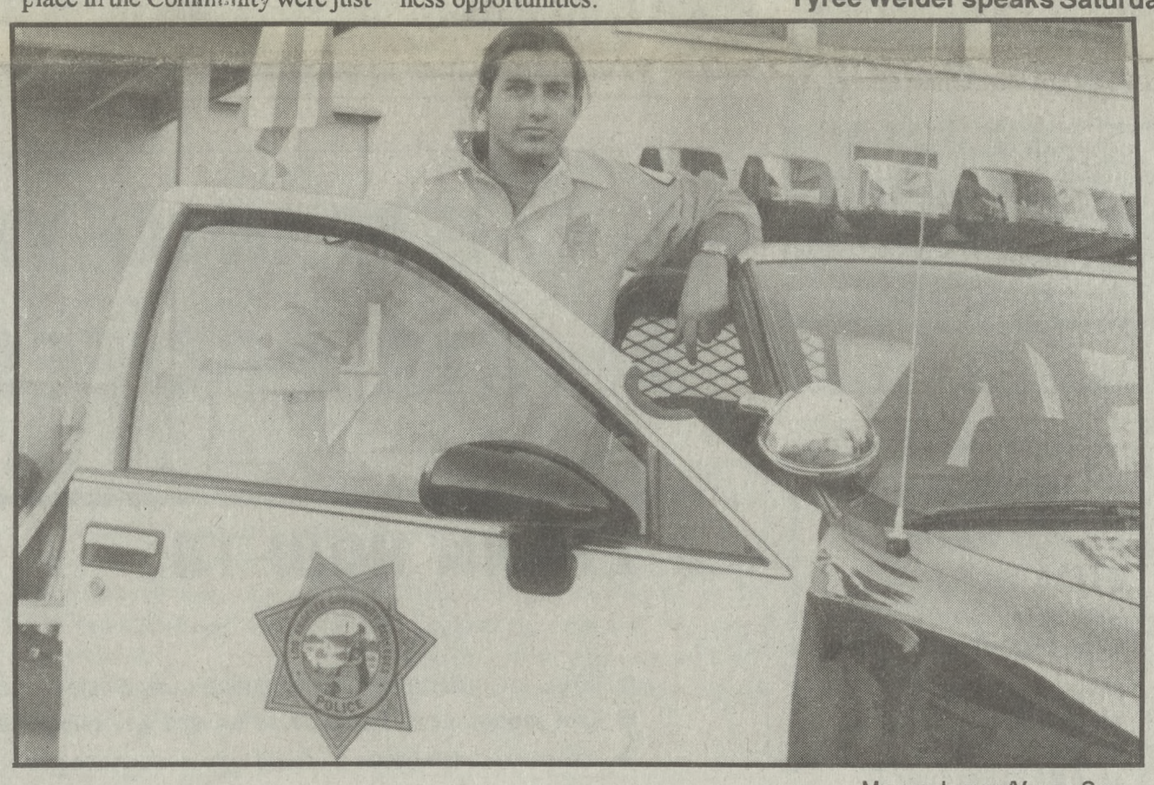
Communication, Women's Secrets, Career Changes and Workplace in the Community were just a few of the workshops offered at the conference. Wieder, addressing the audience in her opening speech said, "What do you hope to accomplish from the conference and what have you brought to the conference to share your ideas?" She said, "I'm talking about network experiences with women who have common interests and goals."

"The conference is about what you will take home with you after attending the various workshops," said Speaker Diana Ho the workshop titled The Wish and the Way. In another workshop titled, What Color Is Your Buster?, speaker Jo-Ann Fantino Ruffolo said, "It starts with looking for the next job while still working. Timing is everything."

Various information tables were set up to assist with topics concerning women's health and business opportunities.

YANI SEARLES/VALLEY STAR

Tyree Weider speaks Saturday morning at the Hilton for the Women's Career Conference.



MICHAEL LATMAN/VALLEY STAR

Paul Castro an Administration of Justice cadet in front of the campus police bungalow.

Administration of Justice students patrol campus

By BARAK RAVIV
For the Valley Star

Static on the radio disrupted the interview with Rodolfo Espinoza, president of the Administration of Justice club, as he apologized to answer the call. "AJ Two," he said. It was 8 p.m. on October 28, and Espinoza was taking measures to provide security for people leaving a Halloween party in Monarch Hall.

The Administration of Justice club (AJ) is responsible for maintaining order on campus. It is a campus patrol program designed to educate students considering a career in law enforcement. Prospective students spend three hours a week in the classroom instructed by J.J. Wolf, and four hours a week patrolling. This is where they learn about face-to-face contact, radio use, traffic control and crowd control.

"What we want to do is give them experience as to what it's like patrolling." said Captain Karl Traber. "I listen to their goals and I try to guide them." Traber is in charge of the patrolling.

Members of the club patrol the campus wearing bright yellow jackets. Any disorder observed is reported by radio to the campus police. The members notify campus police of a suspect's description and direction. "They do not get involved, they just report to us," said Traber.

The club motivates its members by arranging field trips and inviting guest speakers from various agencies. Participation in the club isn't a requirement for recruitment, but it offers a rewarding experience for students interested in the field of law enforcement.

"I let them know a certain personality is needed in law enforcement. Some people have no discipline. I recommend for them to go in the army for a few years. Then you have a much better chance to compete," said Traber.

There are no prerequisites, and students can stay in the club as long as they wish. After serving for some time, members may receive a letter of recommendation for their outstanding work.

"People come up to me and say they're really happy we're out here," said Espinoza, who plans to be a United States Marshall.

The club provides escorts at night for students who feel they are in danger. In such a case, a student may dial ext. 299 from any office or #30 from any public telephone for assistance.

Just do it, but do it the right way

Students learn how to get physical in Physical Education 630

By REBECCA CAMARENA
Valley Star Staff Writer

The Fitness Center offers a convenient way for students of all ages and fitness levels to get in shape or stay in shape with Physical Education 630, the Aerobic Super Circuit Class. Muscle strength, flexibility and cardiovascular conditioning are stressed through the use of aerobic exercises and weight machines in an 18 minute "Super Circuit Program".

Students are assessed and placed on an individual and independent program using single station weight machines, bicycles, stairmasters, treadmills, as well as other exercise equipment.

"The important aspect of using the center is developing muscle strength, endurance and being able to set your own goals," said Marla O'Connell, Director of the Center.

O'Connell said, "We see people of all ages and all fitness levels using the equipment. Some are athletes and others just want to get in shape. The oldest student is approximately 89 years old and the youngest are high school students."

Classes meet for the first two times according to the time as stated in the class catalog with an instructor and students will be given an overview of the center. A grade in the class will be based on the

See Physical Page 2

Bake sale has TAE rolling in dough

By DENISE RESENDEZ
For the Valley Star

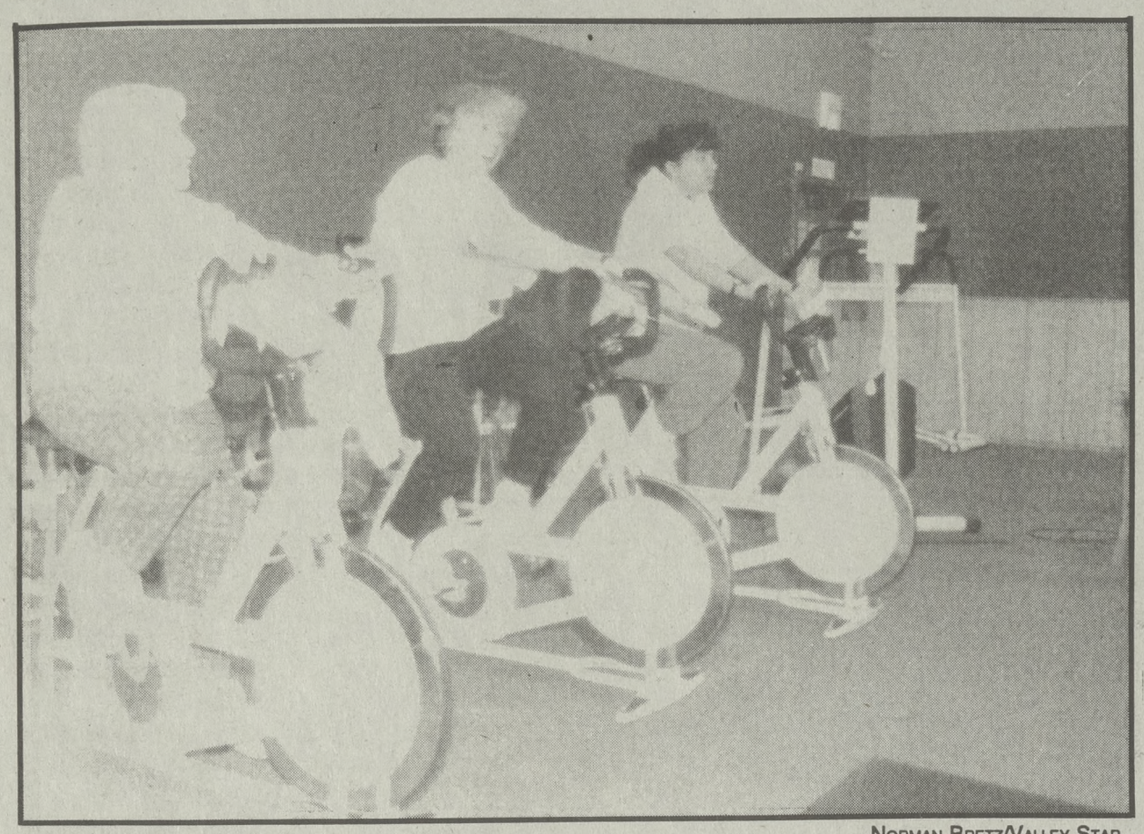
Tau Alpha Epsilon (TAE) Valley's honor society raised $800 from a combination rummage sale/bake sale/car wash fund raiser held Saturday in parking lot B.

The proceeds of the fund raiser go to the TAE scholarship fund for members. According to Marina Gonzales, this was TAE's first rummage sale of the semester.

Donatinos for the rummage sale came from members, friends and families of members and Valley instructors.

Along with the usual donations of clothing and books, several pieces of hardwood furniture, a bicycle and a microwave oven were donated.

"I like being with other people who have the same views about academics and community service," said Vice President Eric Maas. TAE is open to students with a 3.2, or better, grade point average. According to Gonzales the focus fo TAE is help bring Valley and the community closer.



NORMAN BRETZ/VALLEY STAR
Students of all ages peddle their way to well being in early morning fitness classes.

Ring in the holiday season by pre-ordering a Christmas tree

By REBECCA CAMARENA
Valley Star Staff Writer

For those who celebrate the Christmas holidays, begin the season early and pre-order a Christmas tree at the Men's and Women's Athletic Department's fourth annual fund raiser.

Three kinds of trees, Douglas, Noble and Grand Fir are shipped directly from growers in Washington and Oregon and cut only a few days before they arrive. "These are the most beautiful trees I've ever seen and will probably live past New Year's," said Chuck Ferrero, athletic director and coordinator for this annual fund raiser.

All trees range in size from five to nine feet and prices range from $38 to $62 for the Noble Fir, $30 to $62 for the Douglas Fir and $30 to $51 for the Grand Fir. Aqua bowls (water bowls) and wood stands are available at $2 each. To place an order contact Chuck Ferrero at the Men's Physical Education Building before Dec. 1.

The proceeds from the trees will help to supplement team budgets and will be used to purchase supplies and equipment. "We have had tremendous success with this effort for the past three years," Ferrero said. All the teams are involved with selling the trees.

According to Ferrero the baseball team started selling the trees six years ago and when Ferrero became athletic director he extended the annual sale to all the teams within Valley's athletic program.

Physical

Continued from Page 1

number of hours spent on exercising. Students are required to work out for a period of 45 minutes three times a week.

Students are logged in and out on a computer and after the first two sessions are able to use the Fitness Center during any of the hours of operation. Teachers are on the floor at all times to work with students.

O'Connell said, "We are there to educate, and inform students as to why they should exercise and how to do it the correct way." Joanne Wadell, an instructor said, "This is a great program is you work it right. We want everyone to enjoy a life of wellness."

Physical Education 630 is offered every semester and students are able to repeat this class four times, either as consecutive semesters or at any time.

Each class is one unit of credit or a total of four units. The activity sessions are flexible for students during the hours of operation.

Crime Report

The following incidents occurred between Oct.17 and Oct.29

Burglary from Motor Vehicle

A compact disc case was stolen from '86 Honda **Lot E**
Parking decals were stolen from '94 Pontiac **Lot G**
Parking decals were stolen from '84 Honda **Lot D**

Stolen Vehicles

'87 Toyota pick-up **Lot C**
'85 Honda **Lot D**
'85 Toyota pick-up **Lot G**

Tree Theft

The following trees were stolen from the football field:
3 Sequoia Trees (10 gallon)
2 Alder Trees (10 gallon)
3 Grape Trees (10 gallon)
8 small plants (1-5 gallon)

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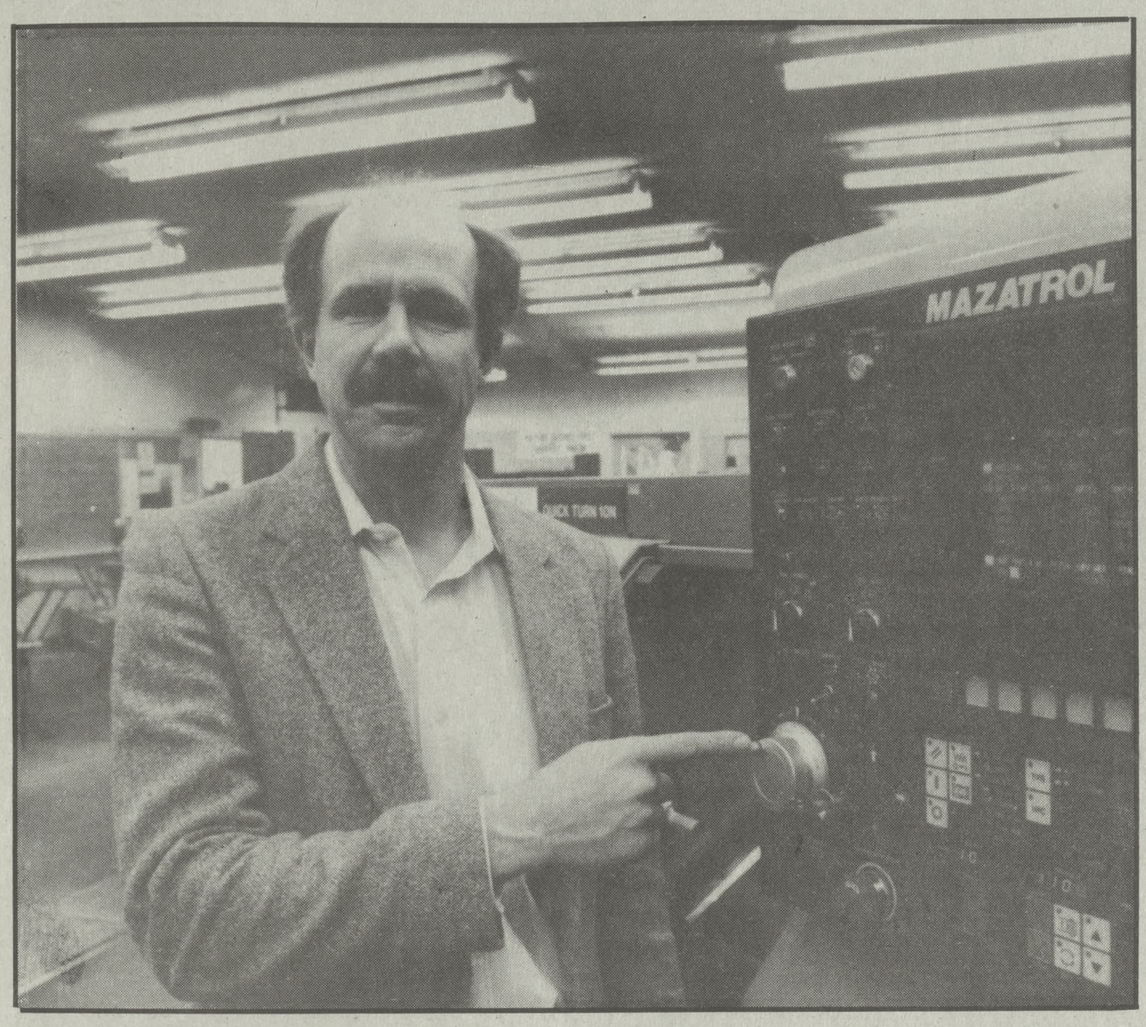

ROD GOODMAN/VALLEY STAR

William Lavoie shows off the Engineering Dept.'s newest piece of equipment a $100,000 lathe.

A technical look at Engineering programs and equipment

"I'm always trying to stay current with the latest technology..."
William Lavoie

By LAURA RENOLDS
Valley Star Staff Writer

There is a degree plan in the Engineering Tech Program. The Manufacturing Tech Program and a Computer Design Technology Program are two programs offered.

Mr. William Lavoie, Professor of Valley's Engineering Department says, "The programs are also designed with certain requirements for transfer students who plan to go to CSUN, USC or UCLA."

Basically, what the department teaches in the various classes is on the job training.

To support these programs, the teachers work closely with industries on job placement for Graduate students.

"There is an organization called the National Tool And Mechanical Association (N.T.M.A).

The teachers work with this organization to help students get new jobs for their future as well as for their careers," says Lavoie.

The engineering dept. is funded by donations, including funding from the State of California by a program called Employment Training Panel (E.T.P) which gives grants.

"The Engineering Department. is always looking to write and give a grant for the student that shows interest and taking the required courses," Lavoie says.

Lavoie says, "I'm always trying to stay current with the latest technology and some materials like books are often to high for students to buy."

"Often there are some maintenance of machines in the department that require repairs off campus that are of high tech nature," says Lavoie.

Some equipment a student will find in the department are common grinder's, lathe's, Milling Machines and even a Sand Blasting Machine.

In the department, a student can learn with the aid of a computer, how to design function, draw aircraft, bearing's, furniture, housing and almost anything."

The teacher of the Computer Department can remember when all drawings were done on a drafting table. "These computers are all of higher technology," says Dr. Cyrus Kirshner.

"Everything needs to be drawn on a computer rather than the old methods from the past. Certain views are drawn on the computer for parts to be made by students in class," Kirshner says.

The computer class is a very important part of training in the Engineering program. The class consists of 40 computers and other software for students that attend the class.

Reading service is visionary

By SHAWN WYLIE
Valley Star Staff Writer

The Los Angeles Radio Reading Service (LARRS) provides newspaper information for the visually impaired. By using, Valley's broadcasting studioes and a California State University Northridge (CSUN) radio subcarrier frequency, newspaper information is aired daily.

"People visually impaired will have direct access to newspaper information from the Reading Service broadcasts by next week," says Ray Wilson, broadcasting instructor.

This program will help those who are blind know up-to-the-minute news.

"There are about 140,000 individuals with visual impairments in the greater Los Angeles area," according to a current Braille Institute study.

By using a special receiver, listeners can tune in the program which is transmitted on CSUN's FM radio frequency, station KCSN.

Eugenie (Jolie) Mason is the project director for the Reading Service. She is also blind.

Mason says, "I started the program because I like helping people and I wanted to make a difference in life."

At the age of 32, Mason lost her vision because of an eye diseaese called "Coats." To keep her eyesight, Mason underwent 11 eye operations. The operations were unsuccessful.

"I didn't help people (visually impaired) when I could see, and now that I can't, I realize what an incredible hassle it is," Mason says.

The National Association of Radio Reading Services reports, "Radio reading services are particularly important to the majority of listeners who are elderly and have become visually impaired later in life."

"Without timely news, opinions, event listings, consumer information, and community reports found in printed sources, it is nearly impossible for those with print impairments to become fully paticipating citizens in the lives of our city, state and nation," says Mason.

Broadcast engineer for LARRS Jeff Jaggers says, "This is a very visionary program. Not only will visually impaired have access to newspapers, but sighted can take advantage as well because news will be read around the clock."

The Board of Advisors and staff for LARRS hope to get their own studio, use computer digital sound and have readings from ethnic papers like *LA Opinion*.

Jaggers says, "I'm looking forward to having my own studio someday."

The Northridge Earthquake damaged CSUN's broadcasting studio where LARRS was sponsoring the time and space for the program.

"Valley, Ray Wilson and math instructor Al Kaiser have been so gracious to us," says Mason.

MICHAEL LATMAN/VALLEY STAR

Jolie Mason and her seeing eye dog Yuma (with earphones) in speech/broadcasting offices.

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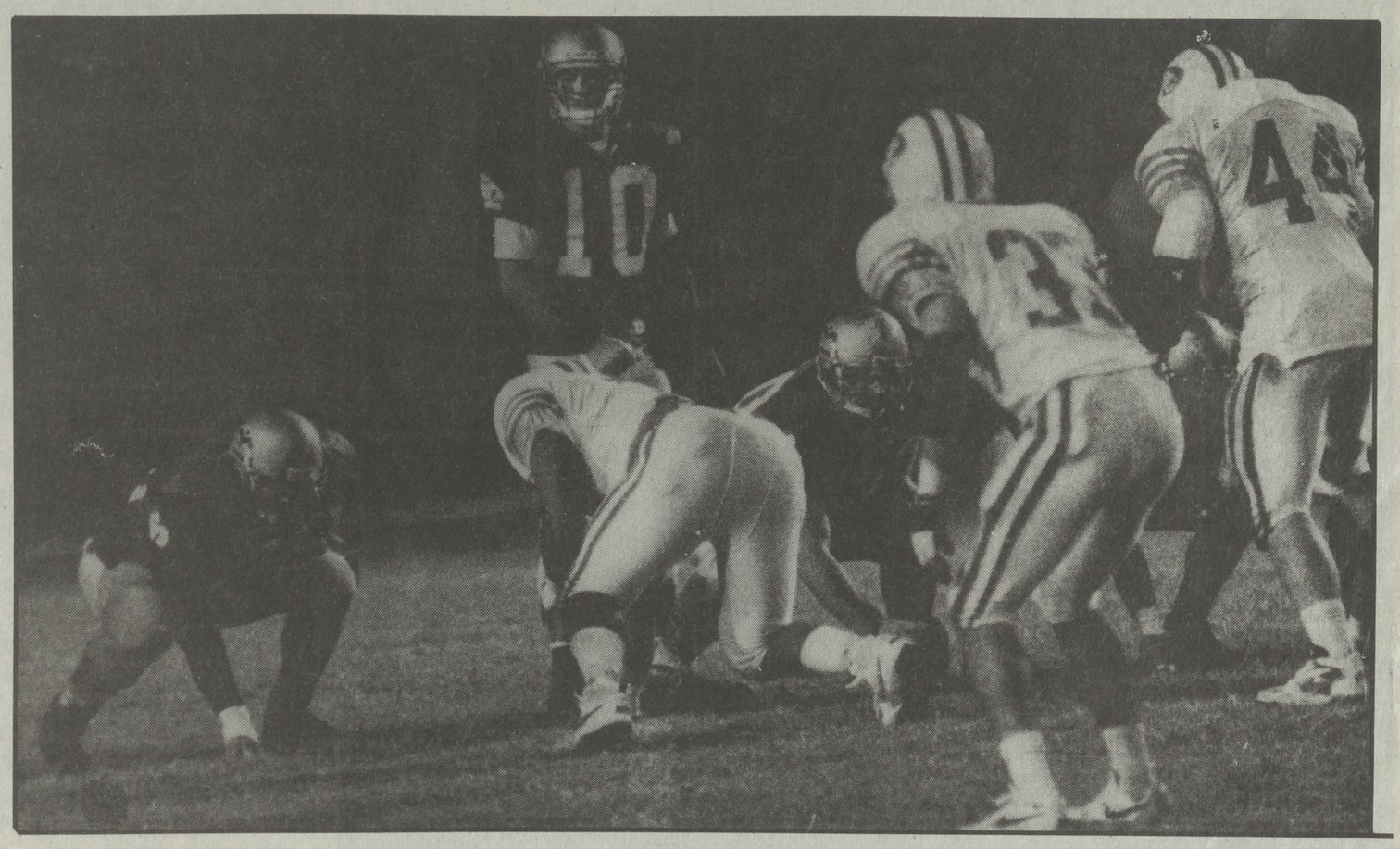
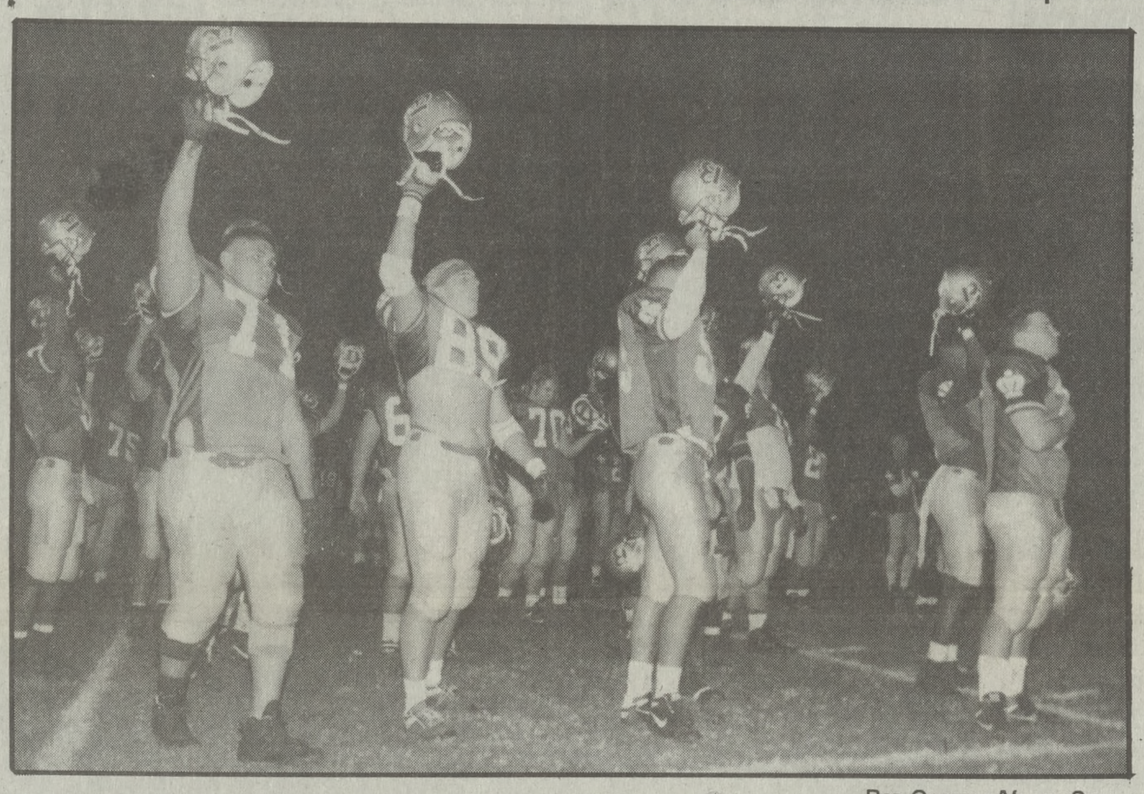
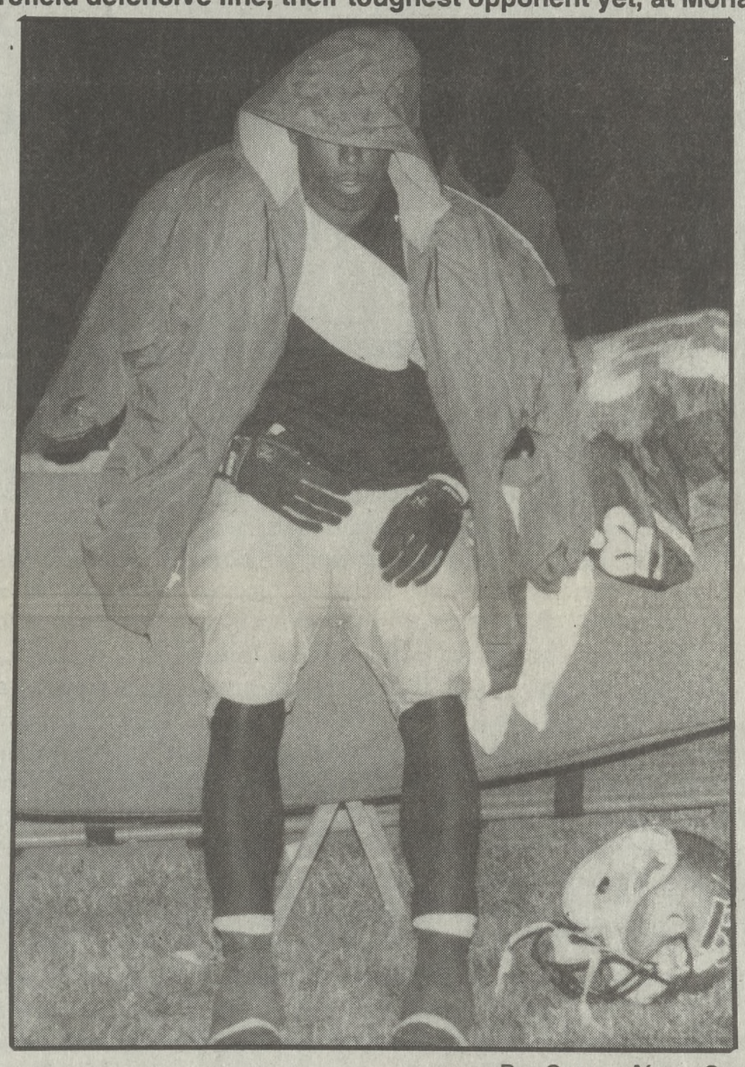


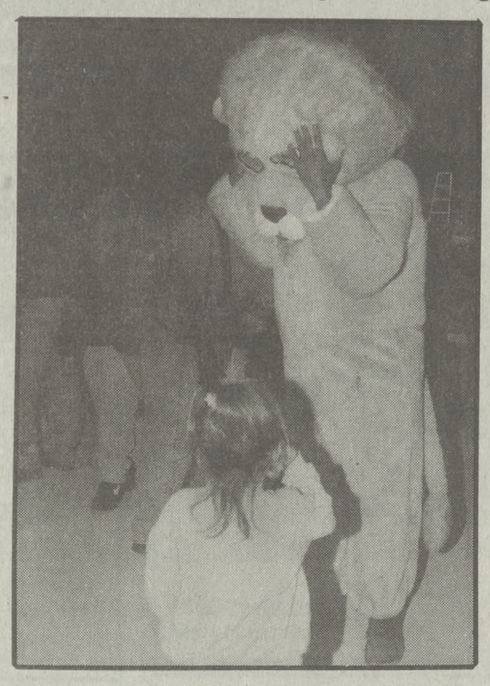
Rod Goodman/Valley Star
Quarterback Jim Arellanes sizes up the Bakersfield defensive line, their toughest opponent yet, at Monarch Stadium.



Rod Goodman/Valley Star
The adrenaline was flowing before the game against Bakersfield on November 5th.



Rod Goodman/Valley Star
Johnnie Brown suffers an injury during first team defeat.



Rod Goodman/Valley Star
Monarch's mascot entertains tiny spectator.

Photo essay
by
Rod Goodman

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